



Ladies Night Out

Thursday, December 3 • 5 to 9 p.m.

Register at the Chamber Office to receive punch card for prizes!

New this year... Wine Walk

Participants may purchase a Souvenir Wine glass and receive samples at participating vendors.

Vendors in Buddy Rau Room • Live Nativity 5-7 p.m. • Columbus Yule Trail • Free Carriage Rides provided by Wagonmasters, Inc.

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Iron Supplements for Iron Deficiency Anemia

Anemia is a condition in which there is a reduced red blood cell mass accompanied by a decreased capacity by the blood to carry oxygen. Iron deficiency anemia is also characterized by a low hemoglobin count and small red blood cells. Sickle cell anemia and thalassemia are genetic forms of anemia that are similar to iron deficiency anemia. Women are more likely than men to be iron deficient. While there are many different types of anemia, iron deficiency anemia is the most common. This anemia is caused by a depletion of iron stored in the body, which may be caused by an insufficient amount of iron intake (especially from animal protein), an increased demand from the body for iron (such as in pregnancy, infants, adolescents, and the elderly), and loss of blood (such as due to trauma or gastrointestinal ulcers).

Iron supplements are available for the treatment of iron deficiency anemia. Such supplements should be taken 1 to 2 hours before eating a meal. It is best to take iron supplements with orange juice to improve absorption of the medication. Iron supplements also should be taken 1 hour before or 3 hours after antacids. Ferrous sulfate (*Feosol*), ferrous gluconate (*Fergon*), and ferrous fumarate (*Feostat*) are iron supplements commonly prescribed for this condition.

Christmas Specials

Offer Ends December 31, 2009

(Restrictions Apply. Specials not valid with medical diagnosis, other discounts, sale items, and most insurance plans)

*ROUTINE EYE EXAMS

- Children & Students\$ 60
- Adults (established).....\$115
- Adults (new).....\$145

*FRAMES & LENSES

- 30% Off all Frames, Lenses, and Contact Lenses.
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Todd Hovis, MD
COLUMBUS
979-732-5771

Lori J. Learned, MD
KATY
281-829-3937

Arun G. Nayar, MD
LA GRANGE
979-968-3953

Hanh M. Nguyen, OD
SEALY
979-885-0665

Flu Shots Available At Eagle Lake Drugstore \$25 OR Free With Medicare

Attend the Church of Your Choice...

EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.
GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
GREATER UNION BAPTIST CHURCH: Matthews Community; Co. Rd 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
BEREA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
THE DAY OF PENTECOST APOSTOLIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr.
GREATER NEW FAITH CHURCH: 6406 Guyler, Wallis; Rev. Clay Spears, Pastor; 979-478-2169.
EAST BERNARD FIRST BAPTIST
FIRST BAPTIST: 527 N. Lake, Eagle Lake; Rev. Kevin Collision, Pastor; 234-2571.
FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
IGLESIA BAUTISTA GETSEMANI: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr.; 234-3735.
CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake; 234-3437.
ROCK ISLAND BAPTIST: Bob Allison, Pastor.
SHERIDAN FIRST BAPTIST: FM 2437, 234-3136.
WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.
JESUS IS MY REFUGE: 115 N. McCarty, Eagle Lake; Rev. Diana Aguilera.

Obituaries

arrangements entrusted to Ben Davis Funeral Home in Columbus.

Pallbearers were Jamaal Bankston, James Bankston, Jr., Spencer Clark, Brandon Dorsey, Louis Hooper and Alvin Penrice, Jr.

Honorary pallbearers were Robert Bankston, Robert Green, Jr., Henry Hooper, Jr., Termastro Hooper, Sr. and Desoneygh Hooper.



Reverend Coby Shorter, Jr.
The Life, Labor and Legacy of the Reverend Coby Shorter, Jr.

Reverend Coby Shorter, Jr. was born on January 16, 1929 in Egypt, Texas to Coby, Sr. and Blanch Anderson Shorter.

He was the seventh of eight children and grew up farming in the Bonus Community with his family. His parents and six siblings preceded him in death.

He accepted Christ at an early age, was baptized and united with the Sand Ridge Baptist Church in 1945, under the pastorate of the late Reverend B.J. Williams.

Little did he know that one of the converts baptized with him would later become his wife. He attended the Elm Grove and Bonus Schools.

While his passion was to become either a professional cowboy or baseball player, a higher calling was pulling the reigns of his soul.

It was his miraculous survival of the April 16, 1947 mid morning explosion on the SS Grandcamp in Texas City, Texas that set the course of his life on a higher call of service.

He often recounted how, in the midst of the destruction, God allowed him to calmly walk out of the disaster site by the aid of a "still small voice" calling him to preach.

Reverend Shorter confessed his calling to the Gospel Ministry in 1947 and was licensed to preach by the Sand Ridge Baptist Church, Reverend B. J. Williams, Pastor, in June 1948.

Understanding the importance of preparation, he attended high school at the Conroe Normal Industrial School and College,

Conroe, Texas and also took the ministerial courses in pursuit of a degree in Theology from the school's seminary.

He was ordained in ministry in 1953. During his fourth and final year of his religious studies, he answered another call to service and enlisted in the United States Army.

Upon returning to Texas, Coby, Jr. and Claudine Brooks were united in Holy Matrimony, June 20, 1954, at the Twentieth Century District Association Tabernacle, Egypt, Texas. To this union three children were born: Sheryl Deniese, Beryl Elyese, and Coby, III.

Over the years, their family developed while living in Houston and Wharton before settling in Eagle Lake for nearly fifty years.

Reverend Shorter's ministry as a pastor began with a call to the Grove Hill Baptist Church, Crescent Community, in 1955. A few months later, he accepted the call to also pastor the Mount Pilgrim Baptist Church, Pin Oak Community.

In 1956, he accepted the call to pastor the Union Baptist Church No. 2, Eagle Lake, Texas. Twelve years later, he became the pastor of the newly merged congregation, Providence Baptist Church.

The richness of his labor is evident in the ministries of the church and the distinction of being personally involved in the construction of two sanctuaries on the church campus.

He also distinguished himself as being a pastor in the Independent Missionary Baptist General Association of Texas for over 50 years.

Pastor Shorter's devotion to his church was complimented by his commitment to his family.

While always being available for his duties as pastor, he continued his career in the construction industry by working throughout the Gulf Coast Area until retiring in 1987, as a member of the Laborers' International Union of North America.

Pastor Shorter will be remembered as an "unsung hero" of the area who constantly supported community efforts without the need for personal accolades.

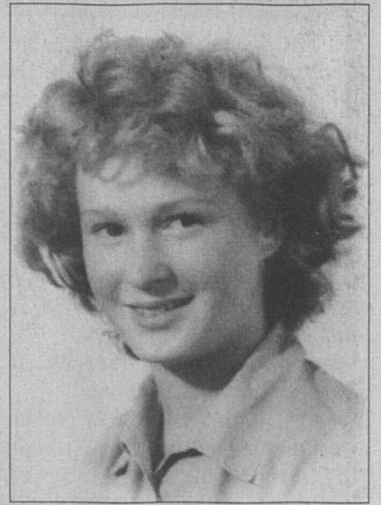
For example, when local mothers, in the early '70's, wanted a place to meet for youth activities, he single handedly lead the effort to construct a meeting place within the community.

When the community needs were greater than the available resources, he would personally insure that the objectives were accomplished.

On Monday, October 26, 2009, 11:40 p.m., Pastor Shorter received his final call from the Creator to be "absent from the body, and present with Him." Life came to a close in the St. David's North Austin Medical Center, Austin, Texas. Heaven's Gates opened wide and received a faithful servant.

He leaves to cherish these precious memories, a devoted wife of fifty-five years, Claudine B. Shorter; two daughters, Sheryl D. Henry (Rudolph) of Wharton, Texas and Beryl E. Shorter of Red Oak, Texas; one son, Rev. Coby Shorter, III (Patricia) of Pflugerville, Texas; six grandchildren, Kirsten D. Henry, Fresno, Texas, Krystle D. Henry, Richmond, Texas, Chelir E. Grady, Midville, Utah, Ulysses Grady, III, San Antonio, Texas, Alyssa C.A. Grady, College Station, Texas and Coby Shorter IV, Pflugerville, Texas; one brother, William Shorter (Emeola) Texas City, Texas; a host of nieces, nephews, extended family, friends and the Providence Baptist Church Family.

Sympathy is extended to the family in their loss.



Beth Sipes

Beth Sipes, 72, of Sheridan, passed away November 24 in Richmond.

She was born on April 10, 1937 in Santa Paula, California the daughter of Dewey and Faye Allen.

Beth was preceded in death by her parents; sister, Donna Johnson; brother, Wayne Allen; daughter, Brenda D'Amico; and grandson, William Alan Schneider.

Survivors include her husband, Theron Snipes of Sheridan; daughter, Linda Schneider of Sheridan; son, Alan Schneider and wife, Suzanne of Sheridan; stepdaughter, Shani Casagrande of California; grandchildren, Jim Schneider of Sheridan, Robert Sloan of Sheridan, Lynne Cook of Russellville, AR, Andy D'Amico and wife, Amanda of Houston and Richard D' Amico of Altair; brother, Rex Allen and wife, Rae of Paso Robles, California; son-in-law, Frank D'Amico of Altair; three great-grandchildren; step-grandchildren, Sophie and David Vander Linden; and numerous nieces and nephews.

Visitation was held November 27 from 5 to 8 pm. at Eagle Lake Funeral Home.

Funeral services were held November 28 at 10 a.m. from Eagle Lake Funeral Home with Jerry Greak officiating. Interment followed in Cheetham Cemetery in Sheridan. Eagle Lake Funeral Home was in charge of arrangements.

Sympathy is extended to the family in their loss.

Shop Smarter This Holiday Season

This holiday season, smart shoppers are considering not only the cost of their purchases, but hidden expenses that can arise later — such as unexpected repairs, replacement costs, accessories and more.

With a little advance planning and by following these shopping tips you can stay on budget well into the new year:

*** Shop Around:** Just because one retailer has it "on sale" doesn't mean it's cheaper than another's "regular" price. And if something is on sale in a store across town, calculate your time and cost to travel there. Call ahead to make sure the item is in stock, not in "limited quantities only" or "not available in all stores."

*** Save Those Receipts:** Check the retailer's return policy. Note if there are time limits or restocking fees. Always save receipts and get gift receipts to include with presents.

*** Protection Packages Are Saving Plans:** Extended service contracts and cell phone insurance can be a key part of a holiday "savings" plan, to save on future unexpected costs that could hurt your overall budget. Beyond simply extending the original warranty, good service contracts offer free troubleshooting and protect against accidental damage and normal wear and tear.

Continued on page 5

Bible Verse of The Week

This I declare of the Lord: he alone is my refuge, my place of safety; he is my God and I am trusting him.

Psalm 91:2

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